



Freedom Ministry Pre-Appointment Information and Confidential Personal Inventory (CPI)

You have made a request to have a personal appointment to go through the Steps to Freedom in Christ. To assure that your appointment will be as meaningful as possible, here is some helpful information and preparatory steps for you to take.

Freedom Appointment Explanation:

This Confidential Personal Inventory (CPI) has a double purpose. It is a preparatory step for you, by helping you focus on issues to pray about as you go through your Freedom Appointment. It will also help the Encourager prayerfully prepare for your appointment.

The appointment itself is really a quiet time with God. You will be helped to resolve issues from your past and present. You will be led to firmly establish your identity in Christ so that you may know that you are totally forgiven, loved and empowered to live for Him.

You will be led to pray through the Steps to Freedom in Christ, covering seven areas of life where Satan has taken advantage of all of us in one way or another. The session normally takes from three to five hours. There will be an Encourager to guide you through the process, but the healing and empowering will come as you prayerfully confess and renounce sin or bondage in your life and then verbally affirm God's truth that stands in opposition to the enemy's lies. There will also be a "Prayer Partner" in the appointment for the purpose of supportive prayer throughout the appointment. Everyone present will be committed to maintain confidentiality and has signed a confidentiality agreement.

Most important, God is in the session. We commit the entire time to Him and trust Him to reveal the issues that need to be dealt with so that you can be helped toward resolution of those areas.

Completing Required Confidential Information:

Complete and send the attached "Confidential Personal Inventory" (CPI) along with the Availability Information Form – OR – your less than one-year old Transforming Prayer "Confidential Personal History" (CPH) along with the Availability Information Form to:

***Director of Freedom Ministry
New Hope Church
4741 Zealand Ave. N.
New Hope, MN 55428***

If you do not hear back from us within two weeks of sending us this completed paperwork, please contact the Director of Freedom Ministry at 763-971-5119.

(continued →)

Personal Preparation

While advice and encouragement may be given along the way, that is not the focus of this appointment. It is your personal spiritual encounter with the Wonderful Counselor. Therefore, it is essential for you to have a good understanding of the spiritual world in which we live, who we are in Christ, and why and how we can stand against the evil one and be strong in Christ.

Every person has a life history to deal with that has taken years to develop. Rather than rush into the session unprepared, it is wise to take whatever time necessary to establish a spiritual foundation of the Biblical truths that can set you free as you go through the Steps.

There are various ways to accomplish this. It is helpful to complete the attached Bible Study while you wait for your appointment. You may also begin reading “*The Bondage Breaker*” by Dr. Neil Anderson. (For easier reading, some people prefer to read “*The Bondage Breaker-Youth Edition*,” by Dr. Neil Anderson and Dave Park.) This book can be purchased on your own or you may borrow a copy from our Care Ministries library by contacting the Director of Freedom Ministry (763-971-5119).

God may bring more issues to your mind during your appointment. Come ready to be totally open and honest in order to gain the greatest help. It is natural to sense some apprehension as you anticipate your appointment, but you will find an atmosphere of love and acceptance there.

If you have any questions, please call the Director of Freedom Ministry at 763-971-5119.

Freedom Ministry Confidential Personal Inventory (CPI)

Please use ink to complete!!!

Name _____ Sex _____ Age _____

Address _____

City _____ State _____ Zip _____

Day Phone () _____ Evening Phone () _____

Email address _____ May we use email? Yes No

May we leave a message? Day Phone: Yes No Evening Phone: Yes No

Do you regularly attend NHC? No Yes – How Long? _____

Current Church Name (if not NHC): _____ City: _____

Referred to Freedom Ministry by: _____

Vocation: Present _____

Past _____

Highest Level of Education: high school technical school college masters
 doctoral other _____

Have you had a Transforming Prayer appointment? No Yes Pending When? _____

Name of Facilitator: _____ If not at NHC, where: _____

My Understanding

I understand that my participation in completing this Confidential Personal Inventory and in the appointment is totally voluntary on my part. I understand that the person who will lead me through the appointment is not necessarily a professional counselor or therapist, but a fellow Christian who is making himself/herself available to pray with me and guide me through the session. Therefore, I voluntarily ask for this appointment and assume responsibility for my responses as a result of this prayer ministry.

Signed _____ Date _____

OFFICE USE ONLY

Initial Contact Date _____ Date CPI Sent _____ Date CPI Returned _____

Encourager Assigned _____ Prayer Partner Assigned _____

Date Appt Completed _____

1. Employment

a) Do you work outside the home? Yes No

If yes, where? _____

2. Marital Status

a) Currently Married Number of years _____

Previously Married Number of years _____

Widow/Widower

Divorced

Separated

Single

b) Children-current marriage: Names (optional) and ages:

c) Children-previous marriage: Names (optional) and ages:

3. Why are you requesting an appointment?

Please explain why you are requesting this personal Freedom Appointment:

4. Problem issues

Please check any of the following emotions you have had or are presently having difficulty controlling, and also circle those that you feel are the greatest areas of concern.

frustration

anger

anxiety

loneliness

worthlessness

depression

hatred

bitterness

fearfulness

hopelessness

rejection

abandonment

insecurity

insignificance

other _____

5. Family History

a) Were you adopted? Yes No

- b) Are/were your parents born-again Christians? Yes No
 If so, do/did they profess and live their Christianity? Yes No
- c) Are/were your parents divorced? Yes No
- d) Who was the authority figure in your home? Father Mother Other
- e) Have your parents, grandparents or great-grandparents ever been involved in any occult, cultic or non-Christian religious practices? Yes No If yes, please explain:

f) Identify your parent’s position on the following:

	Overly Permissive	Permissive	Average	Strict	Overly Strict
Clothing/modesty					
Sanctity of sex inside marriage					
Dating					
Movies					
Music					
Use of alcohol					
Use of non-prescription drugs					
Use of tobacco					
Church attendance					
Free Will					

g) Identify the sex and age of your sibling(s) and place the list in birth order (oldest → youngest):

Child	Sex	Age
a)		
b)		
c)		
d)		
e)		
f)		
g)		

h) Describe the emotional atmosphere in your home while you were growing up. Include a brief description of your relationship with your parent(s) and sibling(s):

6. Health

a) Is there a history of ongoing physical illness in your family? Yes No

If yes, please list specific disease(s): _____

b) Is there a history of mental illness? Yes No

If yes, please explain briefly _____

c) Is there a history of addictive problems? Yes No

If yes, to what? _____

d) Have you been impacted by an abortion? Yes No

e) Have you been impacted by homosexuality? Yes No

f) Describe your general health:

g) List medication(s) you are taking and the purpose for which you are using them:

Medication	Purpose

7. Lifestyle Pursuits

a) Do you feel there is balance in your life in regard to the amount of time you spend in the following areas:

	Yes	No
Spouse		
Family		
Friends		
Recreation/hobbies		
Christian activity/church		
Personal time with God		
Work		

b) Do you get adequate rest? Yes No

c) Do you have problems sleeping at night? Yes No

d) Do you primarily eat balanced nutritional meals? Yes No

e) Do you have any unusual eating habits? Yes No

f) Identify addictive problems or cravings you are dealing with, if any:

g) Identify moral problems you are dealing with, if any:

h) Have you experienced abuse or trauma? Yes No

If yes, please explain: _____

8. Spiritual Issues

a) Have you received Jesus Christ as your personal savior? Yes No

b) When did you receive Christ?

c) How do you know that you have received Christ? _____

d) Are you plagued with doubts concerning your salvation? Yes No

If yes, please explain: _____

e) How do you view God? (Distant? Harsh? Judging? Loving? Near?)

f) Do you usually have a personal Bible reading and prayer time? Yes No

g) Are there additional ways in which you are enjoying fellowship with other Christian believers?

Yes No When and where? _____

h) Do you find prayer difficult? Yes No

If yes, please explain: _____

i) Do you find Bible reading difficult? Yes No

If yes, please explain: _____

9. Please complete the following Non-Christian Spiritual Experience History:

NON-CHRISTIAN SPIRITUAL EXPERIENCE HISTORY

(Please check all that apply)

- | | | |
|---|---|--|
| <input type="checkbox"/> Astral-projection (out-of-body) | <input type="checkbox"/> Horoscopes | <input type="checkbox"/> Science of the Mind |
| <input type="checkbox"/> Astrology | <input type="checkbox"/> Incubi and succubi (sexual spirits) | <input type="checkbox"/> Scientology |
| <input type="checkbox"/> Automatic writing | <input type="checkbox"/> Islam | <input type="checkbox"/> Séance |
| <input type="checkbox"/> Bahaism | <input type="checkbox"/> Jehovah's Witness | <input type="checkbox"/> Secret Oaths |
| <input type="checkbox"/> Black and white magic | <input type="checkbox"/> Magic eight ball | <input type="checkbox"/> Self hypnosis |
| <input type="checkbox"/> Black Muslim | <input type="checkbox"/> Masons/Shriners | <input type="checkbox"/> Silva Mind Control |
| <input type="checkbox"/> Blood pacts or cut yourself in a destructive way | <input type="checkbox"/> Materialization | <input type="checkbox"/> Speaking in trance |
| <input type="checkbox"/> Bloody Mary | <input type="checkbox"/> Mental suggestions or attempting to swap minds | <input type="checkbox"/> Spirit guides |
| <input type="checkbox"/> Children of God | <input type="checkbox"/> Mormonism | <input type="checkbox"/> Swedenborgianism |
| <input type="checkbox"/> Christian Science | <input type="checkbox"/> Native American Spirit Worship | <input type="checkbox"/> Table lifting or body lifting |
| <input type="checkbox"/> Church of the Living Word | <input type="checkbox"/> New Age | <input type="checkbox"/> Tarot cards |
| <input type="checkbox"/> Clairvoyance | <input type="checkbox"/> New age medicine | <input type="checkbox"/> Telepathy |
| <input type="checkbox"/> Dungeons and Dragons | <input type="checkbox"/> New Warriors | <input type="checkbox"/> The Way International |
| <input type="checkbox"/> Eastern Star / Demolay / Job's Daughters | <input type="checkbox"/> Ouija board | <input type="checkbox"/> Theosophical Society |
| <input type="checkbox"/> Eckankar | <input type="checkbox"/> Paganism | <input type="checkbox"/> Transcendental Meditation |
| <input type="checkbox"/> EST (The Forum) | <input type="checkbox"/> Palm or tea leaves reading | <input type="checkbox"/> Unification Church |
| <input type="checkbox"/> Father Divine | <input type="checkbox"/> Psychics | <input type="checkbox"/> Unitarianism |
| <input type="checkbox"/> Fetishism (objects of worship) | <input type="checkbox"/> Rod & pendulum (dowsing) | <input type="checkbox"/> Unity |
| <input type="checkbox"/> Fortune telling | <input type="checkbox"/> Rosicrucianism | <input type="checkbox"/> Voodoo |
| <input type="checkbox"/> Ghosts | <input type="checkbox"/> Roy Masters | <input type="checkbox"/> Witness Lee |
| <input type="checkbox"/> Hare Krishna | <input type="checkbox"/> Satanic Books, Movies, Music, Videos | <input type="checkbox"/> Yoga |
| <input type="checkbox"/> Herbert W. Armstrong | <input type="checkbox"/> Science of Creative Intelligence | <input type="checkbox"/> Zen Buddhism |
| <input type="checkbox"/> Hinduism | | <input type="checkbox"/> Others: |
| <input type="checkbox"/> | | <input type="checkbox"/> _____ |
| | | <input type="checkbox"/> _____ |
| | | <input type="checkbox"/> _____ |

- a) Have you ever been hypnotized, attended a New Age or parapsychology seminar, consulted a medium, spiritist or channeler? Explain.
- b) Do you have or have you ever had an imaginary friend or spirit guide offering you guidance or companionship? Explain.
- c) Have you ever heard voices in your mind or had repeating and nagging thoughts that were foreign to what you believe or feel, like there was a dialogue going on in your head? Explain.
- d) What other spiritual experiences have you had that would be considered out of the ordinary?

Availability Information Form

To help our schedulers in setting up your appointment, please complete the following availability information.

Name _____

() _____ () _____
Daytime phone with area code Evening phone with area code

E-mail address _____

As a rule, I am typically AVAILABLE the following times for an appointment:

	SUN	MON	TUES	WED	THURS	FRI	SAT
MORNING							
AFTERNOON							
EVENING							

There are specific dates and times I know I AM NOT AVAILABLE for appointments:

The BEST TIME TO CALL me to discuss an appointment is:

May we leave a message? Yes No

Forgiving Others Bible Study

(Please separate this part from your CPI before you return it. You can continue to pray about this area and work on the bible study while you wait for your appointment.)

Forgiveness is the central issue in man's relationship to God, "for all have sinned and fallen short of the glory of God (Rom. 3:23)," and "the wages of sin is death (i.e., separation from God, Rom. 6:23)." The purpose for the first coming of Christ was to take upon Himself our sin (II Cor. 5), pay the penalty for it (Heb. 9:22) in order that we may be forgiven (Col. 1:14). It is also the basis for our relationship with other people. Comment on the following verses:

1. Matthew 5:23-26 _____

2. Matthew 6:9-15 _____

3. Matthew 18:21-35 _____

- a. How does our debt of sin before a holy God compare to the debt others may owe us?
- b. How would knowing this enable us to forgive others (see also Luke 7:47)?
- c. How often should we forgive others (see also Luke 17:3-5)?
- d. Is this a question of faith or obedience?
- e. How does God feel toward those whom He has forgiven by sacrificing His only begotten Son when they will not forgive others?
- f. Should we see forgiveness as optional or required by God of His children?

The most common reason for not forgiving another is the desire to seek revenge. “Justice must be served.” “You’ll pay for this” or “I’ll get even,” if not stated are certainly felt. Comment on the following verses concerning these inner thoughts and feelings:

1. Romans 12:19 _____

2. 1 Peter 3:8,9 _____

3. 1 John 4:19-21 _____

4. Proverbs 24:17,18 _____

5. What six responses stand in contrast to forgiveness in Ephesians 4:31?
What are we to do?

_____	_____
_____	_____
_____	_____

Forgiveness is not forgetting. People who try to forget find they cannot. God says He will remember our sins no more (Heb.10:17), but God being omniscient cannot forget. What it means is that God will not take our past offenses and use them against us. *“As far as the east is from the west, so far has he removed our transgressions from us (Ps. 103:12).”* Forgetting may be the result of forgiveness but never the means of forgiveness. Forgiveness is also a hard choice because it pulls against the idea of justice. But our relationship with God is based on His mercy (Titus 3:5) and so it must be with others (Luke. 6:35-38). Forgiveness is costly; we must pay the price of the evil we forgive. We accept the consequences of another person’s sin upon ourselves. Consequently, it is substitutional. No one really forgives another without bearing the penalty of the other person's sin. This is forgiving others as Christ has forgiven us (Eph. 4:32; Col. 3:13). You may say “but I can’t forgive them, they hurt me so badly.” This is certainly true and undoubtedly nobody has really forgiven another without acknowledging the hurt and often the hate (Prov. 14:10). The point is they are still hurting you and the hurt will continue to bind you until you release yourself from the past by forgiving. “But they are off the hook” the heart is quick to protest. Not really, for they will stand before God some day and give an account (11 Cor. 5:10)